Dhikr. Such a simple act of worship, yet vast in reward. SubhanAllah, Alhamdulillah, La ilaha ila Allah, Allahu Akbar. Your tokens for the Akhirah. When a simple card of la ilaha ila Allah outweighs all your bad deeds. The most effective way to please your Lord and raise you in ranks in the life After. A purifier of intentions. A spiritual medicine. A heart polisher. A reviver. An action that turns hearts.

Allah says in the Quran: Verily, by the remembrance of Allah do hearts find rest.

We tend to find spiritual rest and remedies through worldly methods.. the medicine, the ...key to our contentment, is literally right before our tongues

Engaging in lots of dhikr also serves as that second step, that second angel on your shoulder that aids you to do good.. For an example, if you're out to do a bad deed and it refrains you from uttering Allah's name beforehand.. then maybe it will stop you from doing the action because, well, you know.. you want to utter Allah's name before every action because you want every action to be for His sake and His sake only.

There're many forms of dhikr.. Reciting phrases, reading Qur'an, praying or even simply thinking of Allah. May Allah make us of the Musabbiheen.

"Had he not been one of My glorifiers, he (Yunus) would have remained inside (the whales stomach) until Judgment day" Quran 37